



# Video Competition

Help **HIG South Africa** win this competition and have your skills showcased on an international platform.

Submit your video on or before Thursday, 20  
February 2020

## **FORMAT**

- Less than 10 minutes total duration
- Must begin with a Case Title and clinical scenario
- Must include some BARD/BD products
  - No Barbed sutures
  - CT imaging optional

**Email: [videos@higsa.co.za](mailto:videos@higsa.co.za) to receive the upload link**